

What is The Lillie Center for Health & Nutrition?

The Lillie Center for Health & Nutrition (TLCHN) is an outreach of The University of Spiritual Awakening, Inc. The mission of TLCHN is to teach individuals how to obtain health for the whole man: spirit, mind, and body. We are NOT affiliated with any religious doctrine or denomination. We are, however, a “not-for-profit” church in compliance with man’s system of government.

Eternal Life While Remaining in Your Body: A Message about Immortality from Dr. Lillie, Founder of TLCHN

The concept for TLCHN was burned into my heart in the early 1980’s. At that time I became acutely aware that the requirements consistent with obtaining eternal life while in the body were more far-reaching than most realize! This realization came after the Lord said to me,

“If you die, my death was in vain.”

In the Bible, 1 Corinthians 15 says that the body of flesh will be made incorrupt and that the whole body will be changed and made immortal. The passage clearly says that our earthly body will be quickened by the same

Spirit that quickened the seed out of which our body evolved when it was formed from the dead seed of man and the dead egg in the womb of a woman.

Having experienced this realization of Truth, I also realized that only a body that is whole and healthy will be able to experience immortality. Surely one would not desire an immortal body that is imperfect or sick! I also realized that this message of *immortality while still in the body* was not being provided to the masses in the schools, in the churches, or by government officials.

It was at this time that I knew that I had a solemn responsibility to disseminate this message of Truth by whatever means and in whatever way I could, in order to help people to awaken to the Truth concerning eternal life in bodily form.

Our Approach: Health for the Whole Man -- Spirit, Mind, and Body

- Truth does not teach men to die, but most religions do. We have discovered that religious leaders, doctors, politicians, and other sources of help offered by man can at best only point one to his own hidden abilities, if they are to provide real, effective, and lasting help for him. Most of these sources of so-called “help” do not train

their followers and constituents how to become self-sufficient -- especially religious leaders, because they want their followers to be dependent upon them.

Man’s own search and discovery of his own abilities / talents latent within himself will provide the only true and lasting help for him. *Discovering the truth of one’s own Self will supply his every need.*

- One who suffers from the same maladies that he is attempting to treat in others needs to treat himself first. *“Physician, heal thyself” is more than a cliché, and it applies to all of us.* One cannot give that which he does not have, nor should he assume responsibility for giving that which is not his to give.

- Our goal at TLCHN is to provide classes where we give instruction on how to obtain health and well being for the whole man. This will require understanding what the “whole man” is. “Oh man, know thyself!”

Man is spirit, he lives in a body, and he has a soul. His soul is part of his own conscious mind and it contains a man’s record and memory of his past, as well as a memory of his activities while he is out of the body, when it is asleep. Each of these attributes of the human body has its own body -- there are bodies within bodies -- and when any of these

bodies is off balance, ill trained, immature, or not fully formed, the whole body suffers. Each of these bodies needs different kinds of care and training in order to grow, develop, mature, and be healthy.

- We must all learn how to incorporate a holistic lifestyle into our everyday life and do daily “temple maintenance.” and we must take personal responsibility for doing it. Our bodies are the temple of God; becoming consciously aware of this truth is of the utmost importance. As long as mankind looks to mankind to meet his daily needs, man will continue to be dreadfully ill equipped in every area of his life.

- The Scriptures tell us that we shall know the Truth, and that the Truth will make us free. It is not the Truth that you “know” that will make you free from sickness and death, but rather *the Truth that you understand and apply to your everyday life is the Truth that will make you free.*

- We teach that each individual, after he reaches the age of accountability, is responsible for his own well-being. Once one has discovered his own path and proven it to be real and truly effective in his own life, *“he is compelled to help his brothers to find their own path.”* This is the true mission for TLCHN.

Our Vision and Plans for TLCHN

Our purpose at TLCHN is to assist people to find balance in all areas of their lives, bringing about wholeness, healing, and well-being for all members of one's bodily temple -- addressing the needs of each member separately, as well as the needs of the "whole body."

► Dedicated teachers at TLCHN will provide counseling and instruction for all who will receive the gift of Life and health, providing them with the tools needed in order to obtain Life and health **free of charge**. *But it is the responsibility of each individual to apply himself to follow the instructions given, in order to obtain the benefits desired.*

► Classes offered at TLCHN will include instruction on the benefits and the necessity of healthy eating, fasting, proper elimination, and how to remove toxins from the body. Cleansing and keeping the colon clean is of the utmost importance, as we believe all physical disease begins in the area of the colon.

► Classes will also teach how to train the mind to avoid entertaining negative and depressing thoughts, and how to overcome addictive

behaviors and bad habits that are destructive to one's life and health.

► We have discovered firsthand that the only way to real health, and the path that leads one to the fullness of Life *can only be discovered and experienced by each individual soul.*

A Call to Arms

We are aware that God has placed Mother Earth herself and all of her children in the care of his chosen people. We are also aware that all talents, ideas, land, buildings, resources (monetary and otherwise), and technologies needed to manifest the Kingdom of God on the earth and in mankind belong to God. We look forward to establishing the home base for TLCHN here in Ellijay, Georgia and afterward expand around the globe, teaching the true Message of the "Kingdom of God" that is yet to be preached.

No matter what your talent or pursuit in life, if you bear witness to the vision of TLCHN and wish to become involved, please contact us.

We call to arms everyone who bears witness that "now" is the hour of time in prophecy for the "Kingdom of God" to come in the earth. It is now time for the *Will of God* to be done in the earth in fulfilling the Holy Scriptures. The

Kingdom and Government of God (Spirit) cannot be established in the earth until it is first established in the "earthly temples" (bodies of man) where the Seed of the God-kind of Life form is waiting to be quickened, formed, and born *within the earthly bodies of mankind*. "The Kingdom of God is within man!"

I am fully aware that there will be doubters and scoffers, but they will not stop the God-kind (Kingdom) of Life forms from emerging and manifesting themselves in the earth. The Kingdom of God will be the fifth and last kingdom (kind of life form) to be formed and established in the earthly, bodily temple of a man. There are those who have chosen to incarnate at this time in order to assist the earth's inhabitants during this time of transition. If this is you, **NOW is the time to answer the call!**

How to Contact Us

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***Do You
Have
Real Desire
To Live a
Healthy Life ?***